



# The Sentinel



A Newsletter for the Owners and Residents of North Shore at Ridgely Manor

## BOARD OF DIRECTORS

**Burt Poague**  
President  
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**Mayur Govani**  
Vice President  
(757) 676-2555

**Karina Rubow**  
Secretary  
(757) 724-0876

**Louis E. Grever**  
Treasurer  
(202) 697-0660

**Stephen Hebert**  
At-Large Director  
(757) 471-4819

## The Property Shoppe

**Ms. Kimberly Cox**  
(757) 449-9486

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Association Managers  
(757) 496-1986

3149 Shore Drive,  
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23451



## Board of Directors' Corner

Issue 21: February 2024

### A Message from the President

Greetings to all! Since our newsletter is coming out a little later than expected – my apologies -- I wanted first to discuss some updates from last year.

As you may recall, I asked for those interested in an outdoor pizza event last fall to let us know, and I want to thank those who responded. A number of you wanted to wait until the weather was warmer, so we will try again at a later date.

At our December 2023 meeting, members voted for the Board of Director positions and volunteered for Committees. The results are provided below.

### North Shore at Ridgely Manor 1 (NSRM1) 2024 Board of Directors

- President: Burt Poague (Term: 3 years, [bpoague@verizon.net](mailto:bpoague@verizon.net), 757-400-7831)
- Vice President: Mayur Govani (Term: 2 years, [mayurgovani@yahoo.com](mailto:mayurgovani@yahoo.com), 757-676-2555)
- Secretary: Karina Rubow (Term: 2 years, [wrubow@verizon.net](mailto:wrubow@verizon.net), 757-724-0876)
- Treasurer: Louis E. Grever (Term: 1 year, [lgrever@comcast.net](mailto:lgrever@comcast.net), 202-697-0660)
- Member At Large : Stephen Hebert (Term 1 year, [shebert5@cox.net](mailto:shebert5@cox.net), 757-471-4819)

### Committee Members

- **Architectural Control Committee:** Chair Karina Rubow, Roger Bailey, and Will Rubow
  - Karina Rubow: [wrubow@verizon.net](mailto:wrubow@verizon.net), 757-724-0876
  - Roger Bailey: [roger.bailey1@verizon.net](mailto:roger.bailey1@verizon.net), 757-439-4285
- **Communications Committee:** Chair Pam Dargan, Deborah Hebert
  - Pam Dargan: [pdargan@erols.com](mailto:pdargan@erols.com), 571-535-8538
  - Deborah Hebert: [dfhebert5@cox.net](mailto:dfhebert5@cox.net), 757-651-4852
  - Deborah places the “notice of meeting” sign at the front entrance
  - Pam is responsible for the newsletters
- **Crime Prevention Committee (also referred to as the Neighborhood Watch)**
  - Chair Stephen Hebert : [shebert5@cox.net](mailto:shebert5@cox.net), 757-47-4819) (if not there, please leave a message)
  - Andi DiRosa, and Louis Grever
- **Social Committee**
  - Chair position is currently vacant. Please let me know if you would like to support this

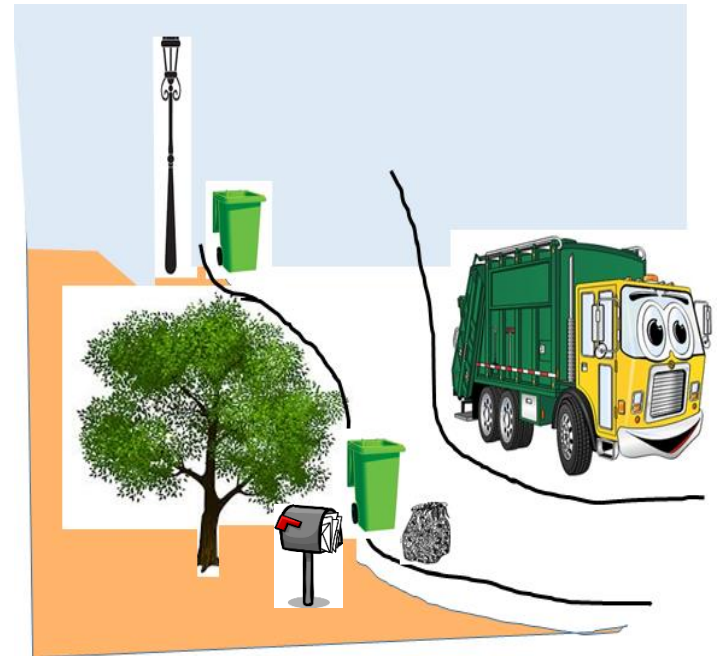
In our previous two newsletters, Carlos Torres, Treasurer of North Shore at Ridgely Manor HOA 2 (NSRM 2), wrote several articles to help us prepare for a merger vote. However, the merger vote is on hold as NSRM 2 becomes more established. If you would like a copy of those newsletters, please let Pam Dargan know ([pdargan@erols.com](mailto:pdargan@erols.com)) and she will provide them.

And a special “thank you” to Carlos Torres, Stephen Hebert, Andy DiRosa and Paul Baker for helping me to decorate the Ridgely Manor entrance for Christmas!

## FRIENDLY REMINDERS AND REGULATIONS REVIEW

It is **ILLEGAL** to park a car facing the wrong way on the street, opposite the direction of traffic. VA Beach police can ticket or tow your car if illegally parked.

Please do not put trash cans, yard waste, or recycle bins in front of mailboxes, trees, or light poles. It may prevent your trash pickup or mail delivery.



### Message from the HOA 1 President - Continued

#### NSRM HOA 1 Meetings

- Meetings are scheduled for the 2<sup>nd</sup> Wednesday of the month
- All in-person meetings will be held at:  
Williams Farm Recreation Center  
5252 Learning Cir, Virginia Beach, VA 23462
- All NSRM HOA 1 and HOA 2 members are welcome to attend
- **2024 Schedule for open meeting sessions**
  - Wednesday, March 13 at 6 pm
  - Wednesday, June 12 at 6 pm
  - Wednesday, September 11 at 6 pm
  - Wednesday, December 11 (Annual HOA Meeting)

As we approach Spring, there are Virginia Beach events you might be interested in. See page 3 of the newsletter.

From Burt Poague, email: [bpoague@verizon.net](mailto:bpoague@verizon.net)

### Neighborhood Watch by Stephen Hebert, Chair

Communities across the nation use the **Neighborhood Watch** to prevent crime and build stronger relationships with law enforcement. But the **Neighborhood Watch** is about more than just crime prevention. It is about knowing your neighbors and improving the quality of life in the community. An important goal at neighborhood meetings and gatherings is to learn more about each other so neighbors are available to help each other during difficult times.

**Volunteers are needed from HOA 1 and HOA 2.**  
Please call your HOA Board to volunteer.

### Trash Collection

Put yard waste and trash cans where they are not visible from the street until it is time to put them at the curb on Tuesdays in preparation for the VA Beach City trash pickup.

Trash Collection is on Wednesday mornings unless Virginia Beach City states otherwise, such as for holidays.

Recycle bins are collected every other Wednesday. If you have forgotten when the recycle trash is to be collected, go to this link:

<https://pw.virginiabeach.gov/trash-recycling/recycling-information> and enter your address where you see "My Trash Day" on the left side of the page and click the mouse. The collection day will be displayed.

Curbside bulk/large item pick-up is scheduled by request and collected by City-employed operators in City owned or leased vehicles, usually on the same day as the trash collection.

- Call 757-385-4640 to schedule a pickup..

### Front Entrance Decoration Committee

**Volunteers are needed from HOA 1 and HOA 2.**  
Please call your HOA Board to volunteer.

## PRESIDENTIAL PRIMARY

The **PRESIDENTIAL PRIMARY** is on Super Tuesday, March 5, 2024

**NSRM HOA 1 is in District 9** (to look up your district by street address, use this [link](#))

Note that early voting is already underway! For details, go to this [link](#), which also provides instructions on how to register to vote if you are not already registered.

**Republican Primary:** for information, go to this URL: <https://www.elections.virginia.gov/casting-a-ballot/candidate-list/march-5-2024-republican-presidential-primary/>

- VA Beach Republican Party URL: <https://rpvb.org/>

**Democrat Primary:** for information, go to this URL: <https://www.elections.virginia.gov/casting-a-ballot/candidate-list/march-5-2024-democratic-presidential-primary/>

- VA Beach Democrat Party URL: <https://vbdemocrats.org/>

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## VIRGINIA BEACH NEWS

**A new Entertainment Complex planned:** Virginia Beach City has a major project underway to develop a year-round entertainment complex at the Virginia Beach Oceanfront between 18th and 20th streets. For more information, go to this URL:

- <https://communications.virginiabeach.gov/hot-topics/atlantic-park>

**The City now produces a newsletter:** to sign up to receive a copy, follow the instructions on this URL: <https://cloud.mc.virginiabeach.gov/ghbz32hbemp>

**First H.O.P.E. (Helping Our People Excel) Community Connections networking event: has been planned** It is free and open to the public. It is intended to “create a strong network of support that recognizes those who are doing great things and identifies those who need a hand from others.”

- For more information: <https://virginiabeach.gov/connect/news/city-of-virginia-beach-hosts-first-h-o-p-e-community-connections-networking-event>
- **When:** Thursday, Feb. 29, 6-8 pm
- **Where:** Building 19 at the Municipal Center, 2416 Courthouse Drive

**The City is developing a plan for the Homeless:** City officials have noticed there are a number of homeless people, and they recognize that something needs to be done. City officials have identified a set of goals to address homelessness, and they would like to receive your suggestions by 3 March (refer to URL for details: <https://virginiabeach.gov/connect/blog/community-of-one>).

- **City’s Draft Plan:** <https://speakupvb.com/COO-Input>
- **Online Survey:** <https://speakupvb.com/COO-Input#tab-47777>

**The City wants your feedback on its Transportation Plan** – the online survey is here: <https://speakupvb.com/transportationplan>. Please submit the survey by 22 March. If frustrated about the timing of stoplights, people speeding in the neighborhood, traffic congestion, etc., pls include comments!!!

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## UPCOMING EVENTS

### Great Bridge Spring Craft Show

- **When:** March 23, 2024, 9 am to 3 pm
- **Where:** Great Bridge High, 301 West Hanbury
- **URL:** (<https://allevents.in/chesapeake/great-bridge-spring-craft-show/200026043824953>)



From freepik.com

## UPCOMING EVENTS – Continued

### Historic Greenbrier Farms Annual Easter Egg Hunt

Be sure and bring the baskets for the kids to use for collecting eggs!

- **When:** Saturday, March 30 from 9 am to 4 pm
- **Where:** 225 Sign Pine Road Chesapeake, VA 23322
- **Cost:** \$5 parents, \$20 kids
- **URL:** <https://www.historicgreenbrierfarms.com/easter-egg-hunt>



From freepik.com

### Swan Terrace at the Founder's Inn – Brunch and Easter Egg Hunt

Enjoy an Easter Brunch with live music, and an Easter egg hunt and other activities for the children!

- **When:** Sunday, March 31st, Seatings are from 10:00 am until 3:00 pm
- **Where:** Swan Terrace Grill and Virginia Ballroom
- **Adults** - \$56.95, Children (5 - 12 years) \$29.00, Children (4 years and under) are Free
- **Reservations are required – call 757-366-6777 or reserve online at [www.opentable.com](http://www.opentable.com)**
- **URL:** <https://allevents.in/virginia%20beach/easter-brunch/200026028458211?ref=eventlist-cat>

### Cavalier Hotel Brunch and Easter Egg Hunt

- **When:** Sunday, March 31st,
- **Where:** Buffet in the Crystal Ballroom
- **What:** Limited Seating at 10:30 AM & 1 PM in the Raleigh Room. Tables available at 3:00 PM
- **Cost:** Adult \$96, Children \$26, 4 & Under – Free, and \$5 for valet parking per car (these are the fees the Reservation Desk provided when I called, but drinks may cost extra)
- **Easter Egg Hunts:** first Easter egg hunt is at noon, second is at 2:30 pm
  - ❖ For the kids, there is also a bounce house, petting zoo, and Easter Bunny photo opportunity, but you will need to bring your camera!
- **URL:** <https://cavalierresortvb.com/event/grand-easter-celebration/>

### Bulls and Beach Rodeo

- **When:** Saturday, April 13 and Sunday, April 14 at 3 pm
- **Where:** 3<sup>rd</sup> street at the Beach.
- **Cost:** \$25 fee but the price is subject to change
- For more Information, see the link below.
  - ❖ URL: <https://beacheventsvb.com/event/bulls-and-barrels-beach-rodeo-2024/>



From freepik.com

For other VA Beach events, refer to: <https://beacheventsvb.com/events/category/festivals/>

## THE COOKING CORNER



### Favorite Recipes

Share your favorite recipes in the **Sentinel**! Send your favorite recipes to Pam at [pdargan@erols.com](mailto:pdargan@erols.com)

## Tomato Aspic Recipe



Photo from Southern Living:  
<https://www.southernliving.com/recipes/tomato-aspic-recipe>

*I had a sudden craving for tomato aspic, so I purchased a mold like the picture above at the [Kitchen Barn](#). The original recipe is from Southern Living, but I had to slightly alter it to ensure the tomato gelatin congealed.*

*The original recipe is from:*

<https://www.southernliving.com/recipes/tomato-aspic-recipe>

## Ingredients

### Tomato Aspic

- 2 TB unflavored gelatin
- 1/4 cup cold water
- 1/4 cup boiling water
- 3 1/2 cups tomato juice
- 2 small celery ribs, diced
- 2 TB fresh lemon juice
- 1 tsp. Worcestershire sauce
- 1 tsp. table salt
- 1 TB onion, minced
- 1 1/2 tsp. brown sugar
- 1/2 cup green peppers, diced <optional>
- 1/2 cup sliced pimento olives
- a dash of ground cloves (1/8 tsp.)

### Blue Cheese Dressing

- 1/2 cup sour cream <or 4 oz. cream cheese>
- 1/2 cup mayonnaise
- 4 oz. crumbled blue cheese
- 2 TB fresh lemon juice
- Pinch fine sea salt

## Directions

1. First, mix the blue cheese dressing ingredients together in a small bowl and refrigerate until the aspic mold is served.
2. Sprinkle the gelatin into in a bowl with 1/4 cup cold water. Stir, and then let sit for 5 minutes. Whisk in 1/4 cup boiling water until the gelatin has dissolved and then set aside.
3. Mix the tomato juice and next 8 ingredients in a large saucepan; and bring to a boil over medium-high heat. Reduce heat to low, and simmer, stirring every so often for 15 minutes. Pour the mixture through a metal strainer into a bowl; and then mix in the lemon juice and gelatin.
4. Pour the mixture into a 4 cup mold that has been sprayed with light olive oil on the sides and bottom. Chill for 2 hours and then gently stir in the olives or green peppers,
5. Return the mold to the refrigerator and chill for 4 more hours or until set. Serve with the blue cheese dressing.

## THE COOKING CORNER



### Favorite Recipes - Continued

## Broccoli and Cheese Salad



Photo from [eatwell101.com](http://eatwell101.com)

*Terri Grever provided her go-to broccoli salad recipe on this page. She said it is easy to make and has been a family favorite for years. Let her know if you try it!*

*Thank you, Terri!*

## Ingredients

- 1 large head of broccoli, use florets only and cut into bite size pieces
- 1/2 lb. bacon, fried and crumbled
- 1 onion, diced
- 1 cup sharp cheddar cheese (add before serving salad)

### Dressing

- 1 cup Mayonnaise
- 1/2 cup sugar
- 2 TB vinegar

## Directions

1. In a small bowl, add the mayonnaise, sugar, and vinegar for the dressing and stir well. St aside until step 4.
2. In a small frying pan, add bacon and fry until the bacon is well-done. Crumble the bacon into small pieces.
3. In a medium sized bowl, add the chopped broccoli, onions and bacon.
4. Add the dressing to the bowl with the broccoli, and stir until the dressing coats all of the broccoli
5. Refrigerate.
6. When ready to serve, remove the broccoli salad from the refrigerator and mix n the sharp Cheddar cheese.
7. Serve and enjoy!.

## Home Repair Contractor Referrals

Appliances. We used [VA Appliance Repair Specialists](#) at (804) 461-0759 which services Subzero, GE, Frigidaire, Bosch, and some other manufacturers, but they may not be able to provide same-day service. The company was highly recommended by the Subzero distributor in Richmond, and I could see why. Mike Davidson, our specialist, was very friendly, knowledgeable, and could answer any questions asked.



From pixabay.com

**VA Appliance Repair Specialists**  
Factory Authorized Service

**Mike Davidson**  
804-461-0759

While we were looking for appliance repair services, we were referred to other local contractors, but none service Subzero. We did not use the appliance specialists below, but their Internet reviews were very good.

- **B. R. Appliance** at (757) 463-3180
- [Jay's Appliance](#) at (757) 255-4444
- [Beach Appliance Service LLC](#) at (757) 471-0276



**Body Shop.** We took several of our cars to **Scott Stokes** at [Stakes Custom Auto Restoration](#) for repairs. He did a great job and his prices were very reasonable. You can reach him at **757-855-6493**

**Irrigation Systems and Drainage.** When it gets closer to November it will be time to consult Walter Putland of [The Irrigation Man](#) at (757) 544-7858 to get your irrigation systems ready for winter! He can also evaluate your landscape for drainage problems and make repairs. Walter's prices are extremely reasonable and you'll find that he is very accommodating and knowledgeable.

**HVAC Service and Installation.** With the cooler temperatures coming, your furnaces will need their annual maintenance. We rely on [JMR Brothers Heating and Cooling](#) located at 1505 Technology Dr., Unit 102 in Chesapeake for this, and they can be reached at (757) 852 3320. *Don't forget to replace your air filters every several months. Flanders PrecisionAire is the brand A/C and furnace companies recommend. The filters are available on Amazon.*

**Painter and Deck Sealing: we recommend [Paint by Numbers](#).** Skip does beautiful work for interior and exterior painting. He seals decks and uses old-world master painter techniques for repainting kitchen cupboards that have aged. He also recently sealed our deck.



1844 Gershwin Dr, Virginia Beach Virginia 23454  
Mobile/Work: (757) 650-5947  
Email: [Paintbynumbers@cox.net](mailto:Paintbynumbers@cox.net)  
Web: [paintbynumbersvb.com](http://paintbynumbersvb.com)  
License No. 2705 113257

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**Plumbing. George the Plumber** at 757-717-8375 answers the phone 24x7. He even came to our home during a weekend to take care of an emergency. George's prices are reasonable and he guarantees the work. George is always our first choice if we run into plumbing problems.

**Termite and Moisture Prevention.** With all of the rain in Virginia Beach, it might be useful to hire a service to evaluate your home's crawlspace and exterior for excess moisture to prevent possible termite entry. We used [Noah's Termite & Structure](#) at (757) 289-5368 for this. Mike Noah recommends an annual inspection.